

## WHAT IS FM?

Written by Administrator

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**Fibro refers to fibrous tissue – ligaments and tendons, myo refers to muscle, and algia refers to pain. Fibromyalgia involves widespread pain of the muscles, ligaments, and tendons. A syndrome is a set of signs/symptoms that are seen together.**

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FM is a chronic disorder which features widespread musculoskeletal pain in the muscles, ligaments and tendons.

## **PREVALENCE OF FM IN CANADA**

The 2005 Community Health Survey conducted by Statistics Canada indicated that there were 389,782 people diagnosed with FM.