



# MEMBERSHIP APPLICATION or RENEWAL FORM

*Please see reverse for available network resources.*

## NEW MEMBERSHIP or RENEWAL fees

**ANNUAL MEMBERSHIP FEE :**  
\$30.00 per year including quar-  
terly newsletter Quest

Resources \$ \_\_\_\_\_  
*Please see reverse*

**IN ADDITION**, I would like to  
donate \*\$ \_\_\_\_\_  
to help with the many  
projects of the National ME/FM  
Action Network.

*\*Tax Receipt issued for all donations*

### TOTAL PAYMENT:

\$ \_\_\_\_\_

### PAYMENT OPTIONS

☐ Cheque  
*Please make Cheque Payable to  
the:*  
NATIONAL ME/FM ACTION NETWORK

☐ VISA  
☐ Master Card  
☐ Other \_\_\_\_\_

Card Number:  
\_\_\_\_\_

Expiry Date:  
month \_\_\_\_\_ year \_\_\_\_\_

Name on Card:  
\_\_\_\_\_

CCV (Back of your card):  
\_\_\_\_\_

Signature:  
\_\_\_\_\_

Date: \_\_\_\_\_

Name / Organization  
\_\_\_\_\_

Contact Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

Province/State \_\_\_\_\_ Postal Code/Zip \_\_\_\_\_

Country \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Website \_\_\_\_\_

☐ Please send news updates to my email address

☐ **Do not** send news updates to my email address  
\_\_\_\_\_

☐ Please send an electronic version of the Quest newsletter

☐ Please send the Quest newsletter to my mailing address

### MAIL FORM & PAYMENT TO:

NATIONAL ME/FM ACTION NETWORK  
512-33 Banner Road  
Nepean, ON K2H 8V7

## THANK YOU FOR YOUR SUPPORT!

CREDIT CARD TRANSACTIONS CAN BE FAXED TO 613-829-8518

## Resources

Item	Qty	Total
Membership Fee \$30		
ME/CFS Brochure (Eng)		<i>free</i>
ME/CFS Brochure (Fr)		<i>free</i>
FM Brochure (Eng)		<i>free</i>
FM Brochure (Fr)		<i>free</i>
ME/CFS Overview \$7		
FM Overview \$7		
TEACH-ME (Eng) \$25		
TEACH-ME (Fr) \$25		
CPP Disability Guide \$10		
Primer-Bilingual Edition \$25		
<b>SUB TOTAL</b>		

Please transfer the above "sub total" onto the front, to tally in to the total payment being made.  
Thank You

## THE NATIONAL ME/FM ACTION NETWORK RESOURCES

### Quest Newsletter—Free with annual membership of \$30.00

When you become a member of the National ME/FM Action Network, you receive our quarterly newsletter QUEST. We keep you informed about medical research, disability and legal issues and on developments affecting the ME/FM community in Canada and internationally.

### ME/CFS and FM Brochures - FREE

Coloured pamphlets on ME/CFS and FM are available in English and French. You can view them on our website

### Consensus Documents for ME/CFS and FM

- Myalgic Encephalomyelitis / Chronic Fatigue Syndrome: Clinical Working Case Definition, Diagnostic and Treatment Protocols [Journal of Chronic Fatigue Syndrome, Vol. 11, No. 1, 2003. Haworth Press 2003/2004 ISBN:0-7890-2207 9]
- The Fibromyalgia Syndrome: A Clinical Case Definition for Practitioners [Haworth Press, 2004 (Soft cover book) ISBN 0-7890-2574-4]

The consensus documents are available at Amazon.ca or at Chapters.ca or view them on our website.

### ME/CFS and FM Overviews - \$7.00

The ME/CFS and FM Overviews are summaries of the Canadian Consensus documents.

- You can view the ME/CFS Overview in English, French, Spanish, German, Italian and Dutch on our website. English versions of the ME/CFS Overviews are available for purchase from the National ME/FM Action Network. French versions of the ME/CFS Overview are available for purchase from Quebec Association for ME, AQEM (aqem.ca)- call (514) 369-0386 or 1-855-369-0386 or email info@aqem.ca.
- You can view the FM Overview in English, French, Spanish and Italian on our website. English versions of the FM Overview are available for purchase from the National ME/FM Action Network.

### TEACH-ME (Second Edition) - \$25.00

Our TEACH-ME Source Book is for Parents and Teachers of children and youth with ME/CFS and/or FM. This document is available in English and French.

### CANADA PENSION PLAN DISABILITY GUIDE 2015 Edition- \$10.00

A Guide designed for those who are disabled and wish to apply for Canada Pension Plan Disability Benefits. It outlines the various steps in the process.

### Chronic Fatigue Syndrome / Myalgic Encephalomyelitis - Primer for Clinical Practitioners

### Syndrome de fatigue chronique Encéphalomyélite myalgique - Petit guide pour la médecine clinique - \$25.00

The ME/CFS Primer was produced by the International Association for Chronic Fatigue Syndrome / Myalgic Encephalomyelitis (IACFS/ME). It was translated into French by the National ME/FM Action Network. You can view both the English and the French on our website. Bilingual versions are available for purchase from the National ME/FM Action Network.

All of the above resources can be viewed on the  
**National ME/FM Action Network** website at <http://mefmaction.com>