

[Winter 2023 Newsletter - Quest 140](#)

We are pleased to bring you the Winter 2023 edition of our Quest newsletter.

Download the pdf [HERE](#)

In this issue:

Dear Friends

2024 Federal Budget Submission

Canada Disability Benefit Submission

Letter to Mnister of Health - Addressing Long-COVID

Effects of ME by Ken Morgan

The WASF3 Protein

Medical News Bulletin - NIH Scientists Discover Biological Basis for ME/CFS Symptoms

Cellular Stress Described

US ME/CFS Prevalence Statistics

Three Articles on Coping

Canadian Disability Statistics

Articles on Severe and Very Severe ME/CFS

FM - A Multi-System Illness