The Consensus Documents for ME/CFS and FMS are clinical milestones in the fight against these complex and often debilitating illnesses. The National ME/FM Action Network wishes to thank all the members of the Expert Consensus Panels, and their Consensus Coordinator, Marjorie van de Sande, our Director of Education, for all the time and effort put into these documents. We also wish to thank our Members for their constant support and encouragement to see these documents to fruition.

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ME/CFS Consensus Document

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View the ME/CFS Consensus Document

Canadian Consensus-Document for ME/CFS

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FMS Consensus Document


View the FMS Consensus Document

Although this Consensus Document is known as the Canadian Consensus Document, there was an International Expert Consensus Panel.

Canadian Consensus Document for FMS

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Overviews of the Canadian Consensus Documents

In order to further assist busy medical practitioners, Dr. Bruce Carruthers, lead author of the ME/CFS Consensus Document and coeditor of the FMS Consensus Document, and Marjorie van de Sande, Consensus Coordinator for both Documents, wrote user-friendly Overviews.